

Factsheet 7: Where can I get more help?



You can find more information about problematic and harmful sexual behaviour here:

- Our carer factsheets focus on supporting carers to have conversations with children and/or young people about PHSB.
- A Common Approach to Identification and Support (CAIS) for NSW provides a consistent approach to identifying, assessing and responding to children and young people displaying problematic and harmful sexual behaviours.
- The Centre for Excellence in Therapeutic Care's Practice Guide: [Responding to young people living in out of home care who engage in harmful sexual behaviour](#) is a comprehensive resource that covers:
 - ▶ Reasons children and young people might engage in PHSB (pages 9-12)
 - ▶ PHSB safety planning with children, young people and families (pages 21-27)
- For a current list of **services for children and adolescents displaying problematic and harmful sexual behaviour**, visit Supporting children who have engaged in harmful sexual behaviour with other children by the Raising Children Network. Services are listed for each State or Territory with age ranges.
- The E-Safety Commissioner and ACWA have produced several resources that may be helpful in discussing online problematic or harmful sexual behaviour with carers:
 - ▶ The [Online Pornography page](#) of the eSafety Commissioner website discusses how children find pornography online, what parents and carers can do to protect children online, and how to respond if children have accessed pornography or inappropriate content.
 - ▶ [ACWA's eSafety resources](#) are specific to children and young people in care, and include a range of factsheets for carers, including topics such as trauma-informed online safety and common problems online.