

Factsheet 7: Where can I get more help?

Always speak to your caseworker/agency or another professional if you have concerns about the sexual behaviour of a child or young person in your care. They can help you work out if the behaviour is normal—and what response and support is needed. If needed, they can also make a plan to keep everyone safe. **This resource does not replace professional support.**

- For a current list of **services for children and young persons with problematic and harmful sexual behaviour**, visit Supporting children who have engaged in harmful sexual behaviour with other children by the Raising Children Network. Services are listed for each State or Territory with age ranges.
- For information about **how to access mental health services for children and young people**, visit Mental health services for pre-teens and teenagers by the Raising Children Network. This includes information on services for children, as well as pre-teens and teenagers. Services are listed for each State or Territory, as well as Australia-wide.

Where can I get more ideas and strategies for dealing with problematic and harmful sexual behaviour?

Always speak with your caseworker/agency or other professionals, as they can help you to come up with ideas for keeping everyone safe and managing the problematic and harmful sexual behaviour. You can also find more ideas and strategies here:

- Supporting children who have engaged in harmful sexual behaviour with other children by the Raising Children Network
- Information about problem sexual behaviours in children and young persons by the Sexual Assault Support Service (SASS)
- Responding to harmful sexual behaviour by LINKS
- Iceberg Model: Factsheet #7 Problem Sexual Behaviour by Department for Child Protection, SA

Where can I find more information about other related topics we might talk about?

Sex, sexuality, sexual consent, and respectful relationships

- The Raising Children Network has resources for caregivers of different age groups on these topics. Examples include:
 - ▶ Sex education and talking about sex with 0-8 year olds and 9-11 year olds
 - ▶ Talking about sexuality (9-15 years)
 - ▶ Talking about sexual consent (2-18 years) and getting or giving sexual consent (13-18 years).
 - ▶ Legal age laws under 'Sexual consent' in Legal age: Teenagers and the law (12-18 years)

Online safety (e-safety)

- ACWA (Association of Children’s Welfare Agencies) has a range of e-Safety resources for children and young people in out-of-home care and their caregivers. Topics include common problems online, such as difficulties with content (e.g., pornography) and behaviour.

Pornography

- The Raising Children Network has information on talking about pornography with children (5-8 years), pre-teens (9-11 year olds) and teenagers (12-18 year olds). There is also specific information about pornography and sexting for young people.

