Moving Forward with Leaving Care 'Future' Planning

Start planning early

Engage with the young person

Engage with the carer

Engage with significant others

Consider all key domains

START leaving care planning from 15 years of age

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PLAN EARLY to give everyone the time to think about future goals and talk about options

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INVOLVE the young person, carer and other significant people in the young person's life during discussions and planning

YOUR PRACTICE SKILLS will help you to engage with the young person to participate in leaving care planning

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LISTEN to their views and opinions. It'll make it more real if they feel they have a say, after all, it is their plan!

ENGAGING THE CARER is essential, support them to support the young person - use 'Leading the Way' to help discussions

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THE CARER'S SUPPORT for the young person will enhance their ability to cope with new challenges - recognise and encourage this effort

SIGNIFICANT OTHERS should be included if appropriate, for example someone from their birth family, Education, Health, Justice, the NDIA or anyone else important in the young person's life

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IDENTIFY trusted and positive adults who might play a role in motivation and guidance to build connections and maintain a good support network

KEY DOMAINS must be considered in the plan, for example identity and culture, family and significant connections, health and education

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LEARNING LIFE SKILLS will benefit a young person and must be considered in the plan. Resources like the 'Living Skills Checklist' and the 'YOU' website can help the young person

COMMITMENT is required from all parties to implement the plan

THINGS CHANGE for young people! The plan will need to be reviewed and updated (at least annually) while in care

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FALLBACK OPTIONS and contingencies should be considered and included in the plan

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REVIEWS and updates to the plan can be made until 25 years of age

FINANCIAL SUPPORTS can help with the transition to independence, look at FACS and CENTRELINK payment options

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TILA is a one-off allowance of up to $1,500 in goods and and services and is available for young people between 15 – 25 years

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EXPLORE FURTHER EDUCATION pathways, scholarships and other entitlements, for example the free Safer Drivers Course

THINK CREATIVELY about what the young person may need each step of the way

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THINK OUTSIDE THE BOX for options that meet their goals, do they want similar things to their peers or different things?

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INVEST TIME to explore strengths interests and whatever else is needed to help tailor and personalise the plan

ENCOURAGING CONNECTIONS with family and community helps build stability and safety

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POSITIVE RELATIONSHIPS strengthen identity, trust, confidence, respect and a healthy sense of self

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NURTURE WELLBEING through exploring connections, building social skills and supporting opportunities to pursue meaningful interests

Review the plan

Explore financial and other entitlements

Think creatively

Help establish connections

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